



















REFEREE SIGNALS

 A referee in a striped shirt and dark pants is shown from the waist up, pointing his right hand directly at the goal while blowing a whistle.	<p>Goal Scored</p> <p>One of the teams has successfully shot the puck past the goal line of the opposing team.</p> <p>Referee signal: A single point, with the non-whistle hand, directly at the goal in which the puck legally entered, while simultaneously blowing the whistle.</p>
 A referee in a striped shirt and dark pants is shown from the waist up, with his right arm extended straight down and then swung forward and up in an underhand motion.	<p>Hand Pass</p> <p>No penalty.</p> <p>Play will be stopped when a player illegally passes the puck with their hand.</p> <p>Referee signal: The non-whistle hand (open hand) and arm are placed straight down alongside the body and swung forward and up once in an underhand motion.</p>
 A referee in a striped shirt and dark pants is shown from the waist up, with his right arm extended straight up above his head.	<p>Icing</p> <p>No Penalty</p> <p>Play will be stopped when player shoots the puck down the ice from defensive side of the centre red line.</p> <p>Referee signal: The non-whistle hand is extended straight above the head. Whistle is blown once the opposing team skates back and retrieves the puck.</p>
 A referee in a striped shirt and dark pants is shown from the waist up, pointing his right hand directly at the blue line while blowing a whistle.	<p>Offside</p> <p>No penalty.</p> <p>Play will be stopped if an attacking player crosses the offensive blue line before the puck carrier of the same team.</p> <p>Referee signal: A single point, with the non-whistle hand, directly at the blue line simultaneously blowing the whistle.</p>

	<p>Time-Out</p> <p>No penalty.</p> <p>One of the teams has requested a 2 minute time-out from the game.</p> <p>Referee signal: Using both hands to form a "T."</p> <p>Same signal as Un-Sportsman Like Conduct.</p>
	<p>Washout</p> <p>From a goalie's perspective, one of their favorite signals - "No goal" (a goal that is ruled invalid by the Referee). Also used to wave off an icing or an offside.</p> <p>Referee signal: A sweeping motion across the body, palms down.</p>
<p>HOCKEY PENALTIES</p>	
	<p>Delayed Penalty</p> <p>When a penalty occurs, The Referee may signal a Delayed Penalty until the offending team gains possession of the puck.</p> <p>Referee signal: The non-whistle hand is extended straight above the head</p>
	<p>High Sticking</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who accidentally or intentionally contacts an opponent with their stick above the waist.</p> <p>Referee signal: Holding both fists clenched together at the height</p>

	<p>of the forehead.</p>
	<p>Holding</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who grabs and holds onto an opponent (or his stick) with his hands or arms to impede the opponent's progress.</p> <p>Referee signal: Clamping either wrist with the other hand in front of the chest.</p>
	<p>Hooking</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who attempts to impede the progress of an opponent by hooking any part of the opponent's body with the blade of his stick.</p> <p>Referee signal: A series of tugging motions with both arms as if pulling someone towards you.</p>
	<p>Interference</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who attempts to impede the motion of an opponent not in possession of the puck, deliberately knocks a stick away, or impedes the goalie around the net area.</p> <p>Referee signal: Crossed arms stationary in front of chest with fists closed.</p>

	<p>Roughing</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who subjects an opponent to intentional and unnecessary roughness or uses excessive force to push or hit an opponent.</p> <p>Referee signal: One punching motion to the side with the arm extending from the shoulder.</p>
	<p>Slashing</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who swings his stick at an opponent, whether or not contact is made.</p> <p>Referee signal: A series of chopping motions with the edge of one hand across the opposite forearm.</p>
	<p>Tripping</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who places their stick, or a part of their body, under or around the feet or legs of an opponent causing the opponent to lose their balance. Will also be called if a player kicks, uses a knee, or uses a leg to cause an opponent to fall.</p> <p>Referee signal: With both skates on the floor, strike right leg below the knee with right hand.</p>

	<p>Boarding</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who uses any method (body check, elbow, or tripping) to throw an opponent into the boards.</p> <p>Referee signal: Striking the closed fist of the hand once into the open palm of the other hand.</p>
	<p>Butt-Ending</p> <p>Minor or major penalty.</p> <p>Shall be imposed on a player who uses the butt-end of his stick to hit an opponent.</p> <p>Referee signal: Moving the forearm, fist closed, under the forearm of the other hand held palm down.</p>
	<p>Charging</p> <p>Minor or major penalty.</p> <p>Shall be imposed on a player who runs, jumps into or charges an opponent, including the goalie.</p> <p>Referee signal: Rotating clenched fists around one another in front of chest.</p>
	<p>Checking From Behind</p> <p>Minor or major penalty.</p> <p>Shall be imposed on a player who deliberately checks an opponent from behind.</p> <p>Referee signal: Arm placed behind the back, elbow bent, forearm parallel to the ice surface.</p>



Delay Of Game

Minor penalty.





1) Shall be imposed on a player who delays the game by deliberately shooting or batting the puck outside the playing area or by deliberately displacing the goals from their normal position. A penalty shot shall be awarded to the opposing team if on a breakaway scoring opportunity the goals are deliberately displaced by a player.



2) Shall be imposed on a player, except the goalie, who does not immediately drop a broken stick. A player whose stick is broken may participate in the game provided they immediately drop the stick. A player may not receive a stick thrown on the ice but must obtain one from the player bench. A goalie may continue to play with the paddle portion of a broken stick until a stoppage of play.



3) Shall be imposed on any player, other than the goalie, who deliberately falls on the puck or gathers a puck to the body. A penalty shall be imposed on a goalie that deliberately falls on a puck, or gathers it into the body, when entirely outside the boundaries of the goal crease area.

4) Shall be imposed if a player, except the goalie, closes their hand intentionally on the puck. If a player picks up the puck in the goal crease, a penalty shot shall be awarded to the non-offending team. A player is permitted to 'bat' the puck in the air with the open hand or push it along the ice unless, in the opinion of the referee, it was deliberately directed to a team mate, in which case play shall be stopped and the puck faced-off at the spot where the offense occurred.

Referee signal: The non-whistle hand, palm open, is placed across the chest and then fully extended directly in front of the body.

	<p>Elbowing</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who uses their elbow in any way to foul an opponent.</p> <p>Referee signal: Tapping the elbow with the palm of the other hand.</p>
	<p>Kneeing</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who uses their knee in any way to foul an opponent.</p> <p>Referee signal: Slapping the knee with the palm of the hand.</p>
	<p>Match</p> <p>Shall be imposed on any player who deliberately injures an opponent in any manner or starts a fight. A major penalty shall be imposed on a player who, having been struck retaliates with a blow or attempted blow. However, at the discretion of the referee, a match penalty may be imposed if that player continues the altercation. When someone is issued a match penalty, they are removed from the game and may face additional disciplinary action.</p> <p>Referee signal: Patting flat of hand on the top of head.</p>
	<p>Misconduct</p> <p>10 minute penalty or removal from game.</p> <p>Shall be imposed on a player who, at the discretion of the referee, demonstrates improper behavior. Examples would be use of profanity and verbal abuse of an official. This is a penalty against an individual and not a team. A substitute player is</p>

	<p>permitted to immediately replace the offending player.</p> <p>Referee signal: Both hands on hips several times and point at offending player.</p>
	<p>Penalty Shot</p> <p>A free shot is awarded to a player who was illegally interfered with during a clear scoring opportunity, or a team illegally delays the game by deliberately moving a goal post or falling on a puck in the crease (see Delay Of Game Penalty). The shot is taken with only the goalie guarding against it. The penalty shot will be taken as follows:</p> <p>The referee shall place the puck on the center face-off spot. The player to take the penalty shot will, on the referee's whistle, play the puck from there and attempt to score. The goalie must stay in the crease until the referee sounds the whistle. The player taking the shot must keep the puck in motion in the direction of the opponent's goal line. Once the shot is taken the play shall be considered complete. No goal can be scored on a rebound of any kind.</p> <p>Referee signal: Arms extended above the head, clenched fists and wrists crossed.</p>
	<p>Spearing</p> <p>Major penalty.</p> <p>Shall be imposed on a player who illegally jabs, or even attempts to jab, the point of his stick blade into an opponent's body.</p> <p>Referee signal: Jabbing motion with both hands in front of body then drop hands to side of body.</p>

	<p>Un-Sportsman Like Conduct</p> <p>Minor penalty.</p> <p>Shall be imposed on a player who, in the referee's judgment, does something unsportsmanlike. Examples – disputes a referee's call, obscene language and actions.</p> <p>Referee signal: Using both hands to form a "T."</p> <p>Same signal as Time-Out.</p>
	<p>Cross Checking</p> <p>Minor or Major penalty.</p> <p>Shall be imposed on a player who holds the stick with both hands and hits an opponent using the shaft of the stick.</p> <p>Referee signal: A series of forward and backward motions with both fists clenched in front of the chest.</p>