

Trainer's Responsibilities

- *Ensure players are supervised at ALL times respecting the “two-deep” methodology*
- *Maintain a fully stocked first aid kit that is brought to ALL on or off-ice activities*
- *Ensure that you have a sufficient water supply available for all players*
- *Ensure that ALL players wear ALL protective equipment during all practices and games – missing equipment means they do NOT go on the ice*
- *Mouth guards are not mandatory with the OWHA however, the OGHA strongly recommends that ALL girls wear one for their protection*
- *No men in dressing rooms for Atom and above until Jerseys are on. No players are to leave the dressing room without their jerseys on.*
- *No player shall enter the ice surface until the Zamboni door has fully closed*
- *All players with long hair should have their hair tied back*
- *Ensure that no gum, candy, etc., is in a player's mouth when they enter the ice surface*
- *Maintain accurate medical files (completed medical forms) for ALL players, reviewing regularly and updating as required. These forms should be brought to all on or off-ice activities*
- *Remember that the medical information is strictly confidential and only the team's trainers and the players/parents should have access to them. Medical forms should be returned to the players/parents at the end of the season.*
- *Document all injuries that require medical attention (Player/Team Injury Log Form)*
- *A **Hockey Development Center for Ontario Injury Data Report Form** MUST be completed when:*
 1. *A player is removed from play for the remainder of a period or game due to an injury sustained while playing hockey (Ex. A player injured in the first period but who returns to play in the second or third period, would have a form completed).*
 2. *A player is injured during a practice, whether on or off the ice*
 3. *A player is forced to leave play for a health reason that is not known*
- *A **Hockey Canada Injury Report** MUST be completed when a player, coach or other team official who is registered with the team is injured during a hockey related activity, and:*
 1. *Incurs expenses beyond those covered by provincial health care or any other supplementary insurance they may possess*
 2. *Or if the injured party reasonably foresees expenses in the future which will not be covered by provincial health or group health care*
 3. *Or as directed by your Branch injury reporting procedures*
- *When either injury report is filled out, please address Cathy Snow, League Administrator and leave in the Orangeville Tigers mailbox at Alder arena. Cathy will then place a copy in our files and forward the originals to the OWHA.*
- *When a player is removed from the bench or ice due to a serious injury or illness and does not return to play during the same practice or game, the HCO Injury Report must be completed and provided to Cathy Snow, League Administrator as well as the player must be given a Return to Play form to be completed by physician. The player shall not return to any on or off ice activities until the form has been completed by a physician indicating that the player can resume to play.*
- *When in doubt, call 911*