

ORANGEVILLE GIRLS HOCKEY ASSOCIATION

SENIOR RECREATIONAL DIVISION

MANUAL

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All hockey played under the jurisdiction of the Orangeville Girls Hockey Association (OGHA) shall be governed by the Ontario Women's Hockey Association (OWHA) and Hockey Canada.

All OWHA registered participants are bound by the OWHA Rules, Regulations, Policies, Procedures and Code of Conduct.

Part One: Responsibilities

The Senior Recreational Representative shall:

(i) oversee the operation of all Senior Rec. games and must ensure a Team Representative is selected for each team prior to the first scheduled game.

(ii) create and distribute the Senior Rec. schedule.

(iii) work with the Equipment Manager to ensure that all teams have sweaters, socks and adequate goaltending equipment.

(iv) co-ordinate the payment of referees and ensure that the Referee-in-Chief knows all scheduled game times.

(v) decide the playoff format each season and must announce the format by Dec. 31 and provide written rules and regulations two weeks prior to the first playoff game.

(vi) perform any other duties as assigned by the General Manager.

The Team Representative shall:

(i) act as a liaison between the Senior Rec. Rep. and her team.

(ii) assist the Senior Rec. Rep. as needed.

Part Two: Divisions & Registration

1. Senior Recreational is a Houseleague Division in which all players are age 20 years or older, with the exception of goalies. With the approval of the Executive, Midget Houseleague goalies may be asked to play in the Senior Rec. Division in addition to Midget Houseleague.
2. All players registered to play in Senior Rec. will be required to participate in grading skates to evaluate their skills and abilities. No player will be placed on a team until her skills have been assessed, and the Senior Rec. Rep. has the authority on how this is done as she may assess the player during a game.
3. If necessary, players may be moved during the season for better balance at the discretion of the Senior Rec. Rep. in consultation with the Team Reps. No move shall be made to team rosters after Dec. 31.
4. All teams will have a maximum of seventeen players.
5. The Senior Rec. Rep. will be responsible to complete the OWHA team lists and player forms, and submit these to the League Administrator.

Part Three: Playing Rules

Rule 1- Body checking

Senior Rec. will play "No body checking" hockey.

Rule 2- Equipment

All players are required to wear the required equipment per the OWHA Rule One (II). This includes the wearing of BNQ certified neck protectors.

Rule 3- Schedules

The schedule format will be defined at the beginning of each playing season based on the number of teams and ice time availability.

Rule 4- Games

a) Times for Periods and Penalties- Games will be 3x 15 minutes straight time periods. Pre-game warmup time for all games will be 3 minutes. Minor penalties will be 3 minutes straight time, and major/match penalties will be 7 minutes straight time. Misconduct/Game/Gross Misconduct will be 10 minutes straight time. If the game is within 2 points of each other, the last 2 minutes will be stop time.

b) Game Sheets- All teams shall use the OWHA game sheets available from the Senior Rec. Rep. Game sheets will be provided at the beginning of each playing season to all teams.

c) Game Results- The original (white) copy of each game sheet shall be forwarded to the Senior Rec. Rep. within 7 days of the game.

d) Noncompletion of Games- In the event of noncompletion of a game due to abnormal circumstances (e.g., power failure), the two team reps will consult with the Senior Rec. Rep. within 72 hours to determine a suitable decision as to the outcome of the game (e.g., replay the game, accept as is, split points).

e) Cancelled Games- Games may be cancelled for any of the following reasons: inclement weather, loss of ice time, or abnormal circumstances. The Senior Rec. Rep. or her designate must notify the Referee-in-Chief and/or the referees assigned to the game, if known, as soon as possible prior to game time. The Senior Rec. Rep. or her designate must notify the Referee-in-Chief and the Ice Scheduler within 48 hours of all cancelled games. Cancelled games must be rescheduled as soon as possible and no later than the last scheduled league game so as not to affect the start of playoffs.

f) Team Points- The method of scoring points shall be two points for each game won, one point for each game tied, and zero points for each game lost.

g) Number of Players- Teams must have a minimum of 6 players dressed for a league or playoff game. Should either team have less than 6 players dressed 10 minutes beyond the scheduled game time, the game shall be forfeited. Affiliated/Pickup Players (AP) may be used to reach a team complement of 10 dressed skaters. For playoffs and championship games only, goals scored by AP players shall not count.

h) Affiliated/Pickup Players- Players from another team must be identified on the game sheet with the letters "AP".

i) Game Officials- If only one referee is present for a game, the two teams will decide before the game is played whether or not they will allow only one referee to officiate the game. If the decision is not to play the game or no referees show up, the Senior Rec. Rep. or her designate must notify the Referee-in-Chief and the Ice Scheduler about the missing referees. The cancelled game must be rescheduled as soon as possible.

Rule 5- Playoffs

a) Playoff Format- The playoffs shall consist of a round robin for all teams, with the two teams with the most points playing for the Championship and the bottom two teams playing for position. During the round robin, there will not be any overtime or shootout. As in the regular season, it will be 2 points for a win, 1 point for a tie and 0 points for a loss.

b) Times for Periods and Penalties- Playoff games shall be 3x 15 minute straight time periods. Minor penalties shall be 3 minutes straight time, and major/match penalties shall be 7 minutes straight time.

c) Breaking of Team Ties- If after the round robin there are two teams tied, the following tiebreakers will be applied:

- i. Number of wins;
- ii. Record against other tied teams;
- iii. Goals scored minus the goals against in round robin games;
- iv. Fewest goals allowed in round robin play;
- v. Most periods won in round robin play;
- vi. Fewest penalty minutes in round robin play;
- vii. First goal scored in series;

viii. Flip of a coin.

Rule 6- Championship and Consolation Games

a) Time for Periods- The game length shall be 3x 15 minute straight time periods.

b) Timeouts- Each team in the Championship game is allowed one 30 second timeout.

c) Tied Games- If at the end of regulation time the game is tied and there is sufficient ice time available, one overtime sudden victory period of 5 minutes straight time shall be played. If there is insufficient ice time or the tie has not been broken, a shootout will be held.

d) Shootouts- Team Reps must have designated 3 shooters on the game sheet prior to the game starting. If, after the 3 shooters from each team have gone and the score is still tied, then a sudden death shootout will be held. One eligible player from each team will go until the tie is broken. All eligible players for the shootout must be used before a shooter is used a second time. AP players are not eligible to participate in the shootout.

Part Four: Injury Reporting

a) The Senior Rec. Rep. or her designate shall be responsible for the reporting of injuries to the OGHA and the OWHA. The required forms can be found at the back of this manual or online at www.owha.on.ca

